

# **Tow-Trust Towbars**

Important: Please read General Notes overleaf before fitting Issue: 1



## TFD24 Ford Ranger & Volkswagen Amarok 2023>

ltem	Qty	Description	Item	Qty	Description
Α	1	TFD24 Crossbar	C	2	M16 x 60 Bolts & Nyloc Nuts
B1	1	Left Hand Side Arm	D	4	M8 x 30 Bolts & S/P Washers
B2	1	Right Hand Side Arm	E	2	M12 x 35 Bolts & S/P Washers
CS	1	Coupling Spacer	F	6	M14 x 45 Bolts & Nyloc Nuts
Х	2	Original Location Pins	G	8	M14 x 140 Bolts & S/P Washers
			Н	4	8 x 25 Flat Washers
			J	2	12 x 25 Flat Washers
			К	20	14 x 27 Flat Washers

#### **Bumper Removal:**

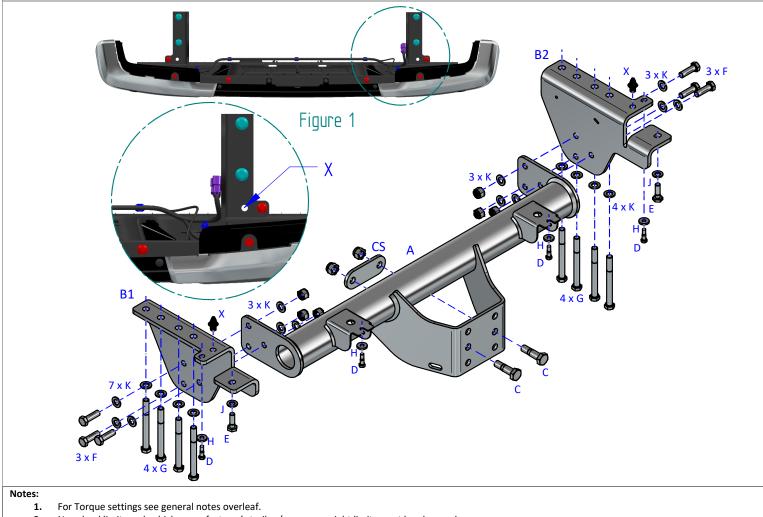
- 1. With reference to Fig 1, unplug the wiring loom shown in PURPLE then remove the three fixings from each side shown in RED then slide bumper off rearwards.
- 2. Remove the two fixings each side, shown in CYAN to remove the internal bumper beam from off the chassis ensuring the loom and its plastic retainers are unclipped from the arms. Once removed from the vehicle extract the location pins X. (The bumper beam and it's fixings are not refitted with the towbar assembly).

### **Towbar Installation:**

- 1. Insert the location pins X into items B1 and B2.
- 2. Loosely fix items B1 and B2 to the underside of the chassis using items G with items K.
- 3. Fix Item A to items B1 and B2 using items F with items K. (Note it may be necessary on some models to lower the spare wheel).
- 4. Fully tighten all fixings ensuring the Towbar is rigid, square and secure.

#### **Bumper Attachment:**

- Loosely screw items D with items H into the innermost bumper fixing points then slide the bumper on the top of item A. 1.
- 2. Using items **D** with items **H** and items **E** with items **J** insert the remaining bumper fixings.
- Using item C bolt your chosen ball bracket and wiring plate (not supplied in this kit) to item A with item CS on the rear face of the 3. flange plate and fully tighten all fixings ensuring the Towbar and bumper are rigid, square and secure.



2. Nose load limits and vehicle manufacturer's trailer / caravan weight limits must be observed.

3. We recommend the use of PRO-TOW Couplings with all our products.